

## Present with Authenticity & Confidence, for an Engaging Session

Hosted by the 2024 ADRP International Conference
Content Committee





#### **Agenda**

- Welcome & Content Committee Chair Message
- Jeff Harry's Pro Presenter Tips and Q&A
- Content Committee Presenter Tips Deadline Reminders Q&A



#### **Presenters & Special Guests**

#### Jeff Harry

Founder, Rediscover Your Play 2024 Keynote Speaker

#### Megan Rehberg

Senior Director of College Engagement & Stewardship, Knox College 2024 International Conference Content Committee Member

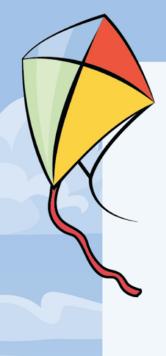
#### **Tabitha Macready**

International Conference Speaker Manager, ADRP

#### **Hosted by Dawn Green**

Donor Recognition Manager, Centre for Addiction & Mental Health Foundation (Toronto)

2024 International Conference Co-Chair



# Fireside Chat with Jeff Harry





### Be Your AUTHENTIC Self



#### **Be Your AUTHENTIC Self**

We <u>all</u> come into spaces differently – embrace who you are and don't be shy to share with your audience that you might be a bit nervous and this is your first time presenting; feel comfortable to share as much or as little about how you're entering the space that day, as you like.



Be Inclusive



#### Be Inclusive

Just as you are coming into the session as your authentic self, your audience is doing the same.

Be mindful of exclusive or inappropriate terms when delivering your session. The conference and all its spaces are embracing of all bodies, religions, orientations, and identities. If you are comfortable sharing your pronouns when introducing yourself, it can help others feel more open to sharing theirs as well.

- If there's a desk or podium, make every effort to stand in front of it get closer to your peers;
- Speak clearly, slowly, and loudly, ensuring everyone in the room can hear you. Don't be afraid to encourage people in the back to move up closer if they have a hard time hearing;
- Reading from slides is easy but try and keep your notes to bullet points so you encourage
  yourself to speak to the room and let everyone know they're part of the conversation;
- Present with enthusiasm! You will set the mood and energy for the room.



Jitters are Normal



#### Jitters are Normal

Please be kind to yourself in knowing that your day-to-day job is not that of a presenter. Public speaking isn't going to be everybody's jam. You might enter your session feeling nervous, light-headed, anxious, or maybe even super pumped!!

Remember, YOU have a presentation that people want to see! You share expertise that the ADRP community WANTS to hear!

**Tip:** Take a moment for yourself before entering the room. Find a quiet space (maybe a bathroom stall). Stand tall. Stretch your arms and legs out wide and take 3 deep breaths in. Say to yourself "I am confident, and I am smart. They are here for ME and I can do this."



# Have Fun When Introducing Yourself



#### Have Fun When Introducing Yourself

"Hi, I'm Dawn Green and I'm a Donor Recognition Manager with the Centre for Addiction and Mental Health Foundation in Toronto" could be so much more engaging if I said...

"Hi everyone! My name is Dawn Green. My favorite thing to do as a kid was make custom outfits for my Barbie. I love all things creative and am currently obsessed with pottery classes. It's so nice to meet you all."

**Tip:** Don't forget to watch "How to introduce yourself" by Kevin Bahler, found in the YouTube Coaching Playlist



**Use Universal Terminology** 



#### **Use Universal Terminology**

We don't all work in the same type of organization, and common terminologies on your team might not be transferable to other organizations.

Think about terms that can be easily understood and try to share transferable lessons that can be used across different types of teams. This ensures everyone can take away key lessons and insights regardless of them working in higher education, an arts organization or an environmental group.



Practice in advance!
Have FUN!
Use humour, photos, illustrations, or video!
Make Connections and Build your Community!

And don't forget to check out the incredible Coaching Playlists curated just for you, on conference.adrp.net/presenter-resources.



#### **Deadline Reminders**

**August 5** Register for the conference using your

speaker discount! Check your emails for your

registration codes.

**August 5** Submit your finalized PowerPoint

presentation and materials to the ADRP Office

**August 19** *Cuttoff to submit any changes for the printed* 

schedule

**September 15-18** *Conference time* 

https://conference.adrp.net/presenter-resources



## Content Committee Q&A



Thank you for your interest in today's webinar! **You** make the conference great.